

Competitive Event Topics

2007-08 National Theme: <i>"HOSA: Where Dreams are Made and Futures Begin"</i> Submitted by North Carolina HOSA	
Extemporaneous Speaking	Can be any topic related to current health issues or HOSA : <ul style="list-style-type: none"> • HOSA and Community Service – The Benefits of Service Learning • Teens and Smoking • The Value of HOSA in Promoting Career Opportunities in Health Care • Childhood Obesity – Problems and Solutions
Prepared Speaking	The speech topic is the National Theme: <i>"HOSA: Where Dreams are Made and Futures Begin."</i>
Extemporaneous Writing	This can be any topic related to Health Science Education or HOSA, such as: <ul style="list-style-type: none"> • HOSA: A Contributing Member of the Healthcare Community <ul style="list-style-type: none"> ○ How does HOSA contribute to the healthcare community? ○ What types of services does HOSA provide? ○ What are the benefits to the healthcare community? ○ What are the benefits to HOSA members?
Extemporaneous Health Poster	Topics will be related to HOSA or Health Science curriculum competencies. Support documentation (articles, pamphlets, etc.) may be provided. For Example: <ul style="list-style-type: none"> • Hand Hygiene – Preventing the Spread of Infection • Eating Right • Tips for Skin Cancer Prevention • The Benefits of HOSA Membership
Researched Persuasive Speaking	This year's topics are: <ul style="list-style-type: none"> • Vegetarianism: A Healthier Alternative • Government Regulation of Healthy Living (Banning of trans fats, smoking ban, seat belt law, helmet law, etc.)

Creative Problem Solving	The secret topic requires the team to solve a problem. The problem may be related to health care or HOSA. Generally, the problem is complex, involving many factors with no clear right or wrong answer. Supportive material is provided. The solution often requires the team to consider time, money, people and creativity in the solution.
Biomedical Debate	<p>This year's topic is: "Family physicians should be trained in the use of alternative (complementary) medicine."</p> <ul style="list-style-type: none"> The question to be considered in the preliminary round will be based on this year's topic.
Parliamentary Procedure	The event guidelines contain a sample problem. Typically, the problem includes one or two main motions, with four or five other types of motions to be applied to the main motion in the course of the meeting.
Medical Reading	<p>Questions for this event will come from the following books:</p> <ul style="list-style-type: none"> Another Day in the Frontal Lobe: A Brain Surgeon Exposes Life on the Inside (Paperback) by Katrina Firlik Water With Lemon: An Inspiring Story of Diet-free, Guilt-free Weight Loss! (Paperback) by Zonya Foco and Stephen Moss A Cup of Comfort for Nurses: Stories of Caring And Compassion (Paperback) by Colleen Sell A Random Act: An Inspiring True Story of Fighting to Survive and Choosing to Forgive (Paperback) by Cindi Broadus and Kimberly Lohman Suiters Final Gifts: Understanding the Special Awareness, Needs, and Communications of the Dying (Paperback) by Maggie Callanan and Patricia Kelley <p>Find Amazon.com Links for Purchasing Resources</p>
Category II Skill Events	Each skill event with procedures is written up as a scenario. The scenario usually requires the competitor to demonstrate 1-3 skills (procedures) exactly as listed in the event guidelines. In addition, the scenario creates a potential "situation" in which a health care worker might actually perform the skill (s). Given the environment created by the scenario, the competitor performs the procedures of the event and is evaluated by a judge or judges.
HOSA Week	November 4 - 10, 2007

For more information on these and other HOSA Competitive Events, read [Section B](#) of HOSA Handbook - Competitive Events Guidelines, or ask your HOSA Advisor.